

Sabah Tshung Tsin 50th Anniversary Cycling Expedition



Event date : August 2nd 2015

Registration Form

Please complete the form in BLOCK LETTERS

Name : _____ Gender : Male ☐ Female ☐ NIRC : _____ - _____ - _____

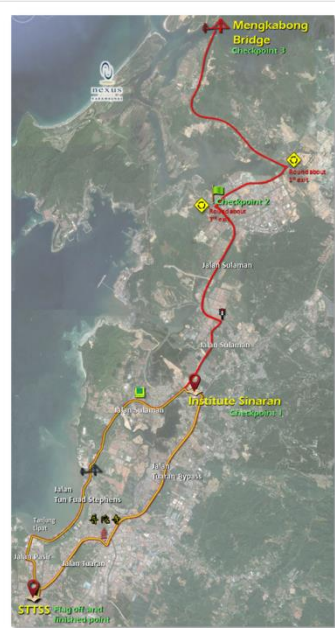
Contact Number : _____ - _____ Email : _____

Are you over 18? Yes ☐ No ☐ If 'NO', please state your age _____ *

Emergency Contact Name : _____ Contact Number : _____ - _____

Registration fee : Student RM20 ☐ Adult RM40 ☐ *A RED Buff will be given upon registration

Rider Track Selection : Leisure Rider ☐ Fast and Furious Rider ☐



Time	Leisure Rider		Fast and Furious Rider	
	Average riding speed @ 20km/hr Total Distance 25km		Average riding speed @ 25km/hr Total Distance 50km	
5:00am	-		Assembly at STSS	
5:30am	-		Flag off STSS	
5:50am	-		Arrive Check Point 1 - IS	
6:00am	Assembly at STSS		-	
6:10am	-		Arrive Check Point 2	
6:20am	-		-	
6:30am	Flag off STSS		Arrive Check Point 3 - Mengkabong Bridge	
6:40am	Ridding to IS		-	
6:50am	Ridding to IS		Arrive Check Point 2	
7:00am	Ridding to IS		-	
7:10am	Arrive Check Point 1 - IS		Arrive Check Point 1 - IS	
7:20am	Ridding to STSS		Ridding to STSS	
7:30am	Ridding to STSS		Ridding to STSS	
7:40am	Ridding to STSS		Ridding to STSS	
7:50am	Ridding to STSS		Ridding to STSS	
8:00am	Back to STSS		Back to STSS	

TERMS AND CONDITIONS OF ENTRY

This is a LEISURE RIDE, NOT A RACE.

- All entrants participate at their own risk.
- Bicycles must be in good working order and appropriate for the event.
- All participants must wear a cycling helmet.
- Children under 16 must be accompanied by an adult.
- Under 18's must have their entry form signed by a parent or guardian.
- The entrants will ride on open roads so participants must adhere to the rules of the road at all times and be mindful of other road users.
- All participants must obey instructions from the Event Marshalls.
- Participants must register in person on day of cycle.
- Drinking water will be available at designated stops but cyclists are advised to carry a water bottle on their bikes.

As the rider may arrive at the destination earlier/later than the estimated time, please arrive at the destination before the estimated departure time

By signing this Registration Form, I have read and accepted the TERMS AND CONDITIONS OF ENTRY stated above.

Signature : _____ Date : _____

* Signature of Parent / Guardian (If Entrant is under 18) : _____

Name : _____ Contact Number : _____ - _____ Date : _____

For Event Organizer Use

Mode of payment : Cash ☐ Cheque ☐ Amount : RM _____

Receipt No. : _____

Remarks : _____

Please pay and return this registration form to

沙巴崇正校友會 **SABAH TSHUNG TSIN ALUMNI ASSOCIATION (STAA)**

P.O. Box 11135, 88812 Kota Kinabalu; Sabah. Mile 2¾, Jalan Tuaran, Dah Yeh Villa Damai, 88300 Kota Kinabalu, Sabah.

Tel : 088-232643 Email : sttaa1980@gmail.com Bank a/c No. : UOB Bank 1563027652